

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Mulan Ma

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 03:48:25

**PACE** 17:33/km

**OVERALL** 148 of 149

**GENDER** 69 of 70

**60 - 69** 3 of 3

23 June 2019, Sun

Date

